

# Reiki

Reiki is a Japanese energy healing technique administered by a certified reiki practitioner. The practice of reiki involves restoring energy flows in order to promote physical and emotional healing.



**By appointment only with Sarah Stern, certified Reiki Master Teacher, and certified Reiki Practitioner.**

**Open to registered clients or patients of DAP.**



For questions about the program, contact Curtis Howard at (760) 656-8414 [choward@daphealth.org](mailto:choward@daphealth.org)