



# Building a Positive Life Course



**Mondays at 10 a.m.  
via Zoom**

A group that explores one's belief systems and the obstacles and outcomes related to achieving goals.

Discover ways to: Challenge yourself to grow, live in the present & connect to something larger than yourself.

[Meeting ID 979 0175 1044](#)

Passcode 096634

For questions about the program, contact Steve Rossetti at (760) 322-6378  
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